

This is My Isagenix Weight Loss Story



My "why" for joining Isagenix is my father. Five years ago, he was diagnosed with Stage 4 colon cancer at the age of 57. His prognosis did not look very good. Well, this past January marked five years and he passed it with a "clean bill of health". However he had to return six months later. In July they found growths and he was diagnosed with cancer once again. We went up to visit Mom and Dad and I asked Dad why he thought it was that he was back in the same place he was 5 years earlier. He said to me, "Rob, I told myself that I didn't have to change my eating habits, so I didn't."

The proverb that says, "A man digs his own grave with a fork and a knife," became very real to me and got me thinking. I was born with a spinabifida which means I am paralyzed from the waist down. My parents were told I would not live past age 12 and if I did, I would not live past age 20. Now I am almost 40. But was I thankful and respectful for my extra years ? I was about 53 pounds overweight and not feeling that great. I started on a journey with a Personal Trainer and working out but only dropped 12 pounds in 1 year.

Then my best friend, Michelle, sent me an e-mail stating that she needed my prayers as she and her daughter were starting a cleansing program. That got my interest. So I asked her about it and decided to try it too. And of course that program is Isagenix. On my first Cleanse Program. I dropped 25 lbs, 36 inches and 3 clothing sizes. To date, I have dropped 53 lbs, and I recently had to send back some clothes that I ordered online because they were too big !

I thank God every day for this opportunity. I am telling everyone I know and I currently have 25 people on my Team. I just love working with such a great, supportive team !

*Roberta Boteler
Imperial, Nebraska*

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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