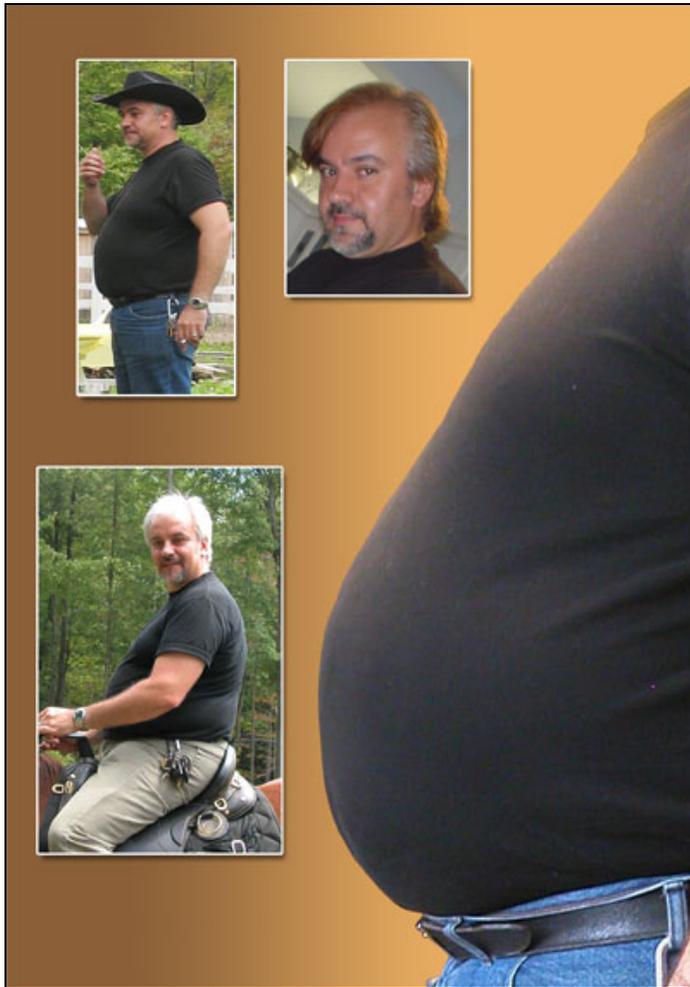
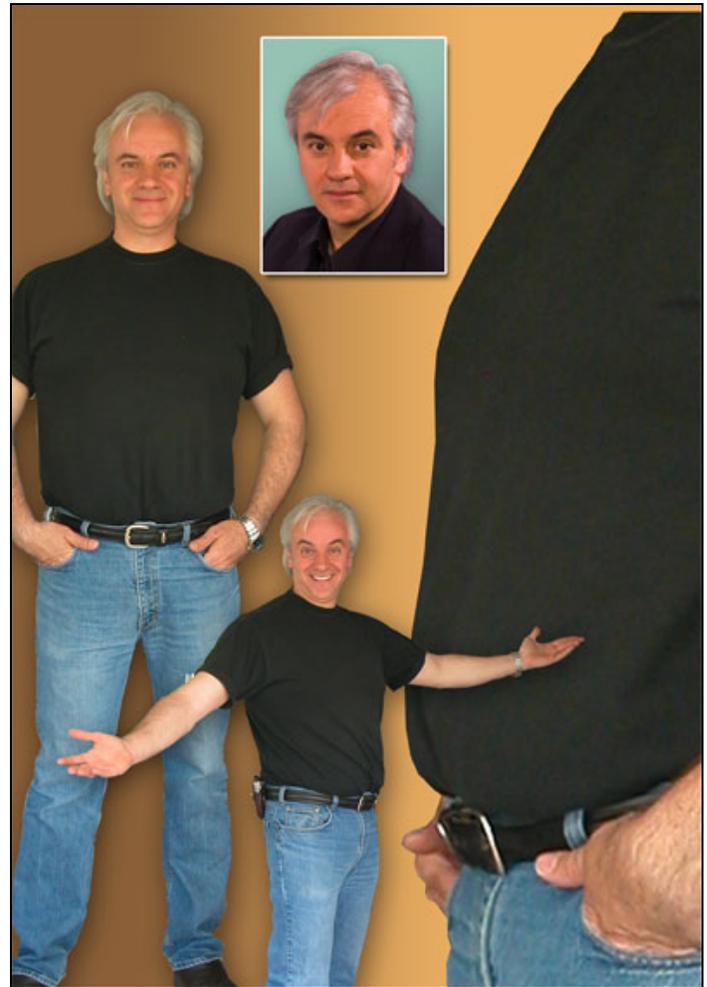


This is John's Isagenix Story ~ Work In Progress



BEFORE ISAGENIX CLEANSE ~ 255 Lbs



AFTER ISAGENIX CLEANSE ~ 209 Lbs

I started the Isagenix system with the 9-Day plan and continued on the 30-Day plan. I weighed over 255 pounds and was not in good shape at all. In fact, every week my head hurt so much and so often that it actually caused me to miss important engagements.

I loved fast food and ate at these types of eating establishments a few times a week. As a matter of fact, our dog Max got hooked on McDonald's and jumped up and down in the back of the car when he saw those Golden Arches! That being said, I was a great candidate for a stroke or heart attack and my doctor warned me repeatedly to change my lifestyle. I did try other diets but always ended up gaining back more than I lost in the first place. This yo-yo dieting was not good for my health either.

One day, I woke up to the realization that I had to do something, but I also knew that with my type of character and personality, the change in diet would have to be structured and easy to follow. Going on the Isagenix Cleanse was the best thing I ever did for my health. I not only lost the weight quickly ~ it was easy. I followed the guidelines in the booklet and was so motivated when I saw the fat melting off my stomach.

I released a total of 46 pounds and 8 inches off my waist. I feel great, have abundant energy and look and feel younger and healthier than ever in my entire life. My body functions with ease and grace ~ and my head no longer hurts like it did. What a tremendous relief. My doctor is also amazed at my improvement. So now, I have come full circle ~ being a total non-believer in Cleansing ~ to a committed advocate of the Isagenix Nutritional Cleansing and Fat-Burning System.

John Roumeliotis ~ Ste. Lazare, Quebec, Canada