

## This is My Isagenix Weight Loss Story



My road to new health started at the end of 2007 (although I didn't know it at the time) when I stepped on the scale at my annual physical at the highest weight of my life ~ 343 pounds. I thought to myself, "My dad has had a heart attack ~ all of his brothers had heart attacks, and my grandfather died of a heart attack. I've got to do something about this or I will go to my grave with the 'Big Zipper' (as my dad calls it) in my chest also." I thought about my grandchildren and wanting to see them grow up. Then came the other thoughts ... "I've tried everything and can't find any way to shed those pounds. What can I do ?"

Well, the old saying goes something like this, "When the student is FINALLY ready, the teacher will appear." How true it is. Three days later, Isagenix shows up on my doorstep. After a couple of weeks of hem-hawing around, I decided to take the plunge. "What do I have to lose ~ It has a 30-day Money Back guarantee ~ I'll just send it back if it doesn't work." So ~ I started on the Isagenix Cleanse.

Work, it did! I lost 16 pounds very quickly ~ then many more pounds in the hardest month of the year to lose weight ~ December! I do some personal catering and I catered 3 of the biggest Christmas parties I've ever catered during that month (2 of them with full roasted pigs). I think I might have topped the 40 pounds lost mark if it hadn't been for those pigs !

My weight loss didn't stop there . . . 45 pounds . . . then 63 . . . it just kept coming off. God is very good to me! **On April 13, 2008, I stepped on the scale and I had passed the 100 pds lost mark.** "Praise God!"

On April 14<sup>th</sup>, we left for a cruise and I gained some weight ~ but one of the greatest things about Isagenix is that you can take the weight right back off. I lost my "cruise" weight within the first 3 days of getting home. I want to lose 130 pounds total. With God's help and Isagenix, I know that I will make it.

May God bless you and your decision to take back control of your body and your health ~ and to choose to live a life of abundance. Don't let the "pigs" get you down. You can do it ~ if you choose and if you believe in yourself. Take the first step to the new you. Get on Isagenix and stick to the plan ~ and one day soon, you too can be here in the pages of the Weight Loss Hall of Fame! God Bless you !

**Deacon Richard Tadlock ~ Saint Louis, Missouri**

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

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