

**THIS IS MY ISAGENIX STORY****BEFORE ISAGENIX CLEANSE****AFTER ISAGENIX CLEANSE**

My story begins like so many others. I have always had a problem with my weight. I tried everything to try to lose weight. I would Yo-Yo with my weight when I dieted. I had no energy, no motivation, and I was feeling blue all the time. I was even having trouble breathing at night when I was sleeping, and not sleeping very well at all. After having my children I knew my weight was out of control.

**I decided as a last resort to have a Gastric Bypass Surgery.** I went to my doctor, got a referral and insurance approval and started the process to have the surgery. My family supported me but were not happy about the decision. They worried about the risks involved. My older brother David didn't want me to have the surgery. He knew the risks, like the rest of my family did.

He told me about a lady named Angela who was a distributor for Isagenix. I decided to get some information from her. After a few days, I decided to try it. Anything to me was better than having surgery. **I AM SO GLAD I DID!** I also wanted my younger sister Jennifer to lose weight. She was getting very overweight and is only 20. I didn't want her to have the same problems as me. So we did a 9-Day Cleanse together. We started on May 7, 2004.

We were shocked by the results. **I LOST 27 POUNDS and 53 INCHES in 9 DAYS** and **my sister Jennifer LOST 20 POUNDS and 27 INCHES.** Her story is the next Hall-of-Famer - #80. **WE WERE AMAZED.** After seeing those results, I decided there was no way I was having the Gastric Bypass Surgery. I was feeling so good during my cleanse and had so much energy I went out and bought a treadmill during my cleanse and I use it regularly.

Since May 7, 2004 - **I have LOST 90 POUNDS!** I feel great and have more energy than ever - THANKS TO ISAGENIX ! I no longer have problems sleeping or breathing when I sleep. I changed the way I look at food and I eat healthier. I no longer drink Soda Pop which is a big change for me after drinking about a 6-12 cans a day for years. I no longer have the cravings for junk food. I still have a way to go before I get to my goal weight - I will keep everyone updated as my story continues. I wanted to share my story now with everyone - especially anyone who is facing what I was - so hopefully it will inspire them.

Rachel Vincent - Spanaway, WA

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.**